Working With Clients who suffer from Complex Trauma

Length: 5 seminars

Instructor: Colin Hollidge Ph.D., LICSW.

Course Description:

This course will focus on how trauma impacts both the Brain and the Mind. The course will explore trauma’s impact on the organization of the self and it’s implications for psychodynamic treatment. The course will focus on how the therapeutic relationship in intensive exploratory psychotherapy can be used to further the patient’s growth.

Objectives:

1. Develop an understanding of how traumatic experiences effect the organization of self in children, adolescents and adults.

2. Develop an understanding of memory systems are impacted by repetitive trauma.

3. Develop an understanding of some of the unique treatment issues that develop while working with traumatized patients.

4. Gain an understanding of the various stages involved in working with patients who have suffered from complex trauma.

5. Gain an understanding of the unique transference and countertransference issues that can arise when trauma is a major issue in the treatment process.

6. Develop an understanding of the psychological and neurological adaptations that take place for children and adults that have been traumatized.

7. Gain an understanding of how attachment is disrupted by repetitive traumatic experiences.

8. Gain a historical understanding of how trauma has been perceived by psychoanalytic writers.
Course Schedule and Readings

February 22, 2013

Developing a psychophysiological understanding of trauma

Readings:


March 8, 2013

Trauma’s influence on Attachment


March 15, 2013

Children and Traumatic Stress


March 22, 2013

Working with Adults Suffering from PTSD


March 29, 2013

Transference/Countertransference issues in the Treatment of Trauma Survivors.
